

Some people are lucky enough to know... by Phi-Lyn Tran

Some people are lucky enough to know from the moment they enter the world, the career path they are going to take for the rest of their lives and as for the other 99.9999...% of the population, we all have the opportunity of stumbling along a disillusioned path for most of our lives, waiting for that cathartic moment, just because we weren't so lucky. It's a hard slug trying to find out what you want to spend the rest of your life doing. Some of us just go with the flow hoping a career will fall neatly into their laps, not that there is anything wrong with that because I think I am guilty of doing that myself.

Now let us utilise some trusty old statistics. Yes, I know... statistics... something which most of you will probably skim past faster than the time it takes a Ferrari to hit 5km/hr because the word 'statistics' immediately lights up alien beacons in our minds, just like the words 'Osama Bin Laden' lights up the terrorist attack beacon in the minds of ASIO officers. Anyhow, in order to explain the importance of a career, 35% of our lives is spent sleeping that is, assuming you are of a human form, don't hibernate like Canadian bears or suffer from sleep apnoea, 40% of your time is spent working and developing your career and then there is 25% of time left to be allocated. In general, the existence of this time probably seems more unbelievable than the marketing tactics of the federal government who are trying to convince Australian households that it will be beneficial for them to invest in T3 shares; come on! As if they weren't burnt enough the first and second times. But for most, the better part of this 25% of time in our lives is probably; sadly enough, spent worrying about how to best utilise this time rather than doing something actually productive.

So basically, your career is going to take up a lot of your time and yes career does include housewife. Live to work or work to live, philosophy likes to cover its arse by representing both sides of the coin and it cops a nice big wedgy in the process. They do have a valid point to make I would have to admit, because most of us do end up sitting on one side and it's okay to sit on both too, but lets not get technical on how that works.

As an intern, you are exposed to many things. You come to realise that the Monash Careers and Employment services are an untapped resource at university and offer many services that try to help students to find work, whether it be part-time, casual or graduate jobs. There are many career options out there that you have probably never considered in your wildest dreams. From the program, you get a grasp of where these opportunities lie, what they are and realise they are much more attainable than you thought they were. The internship program provides the opportunity to work with other interns from different backgrounds. You get to work with HR from renowned employers that operate within different fields, gain exposure and learn more about your field of interest. This helps you to make that important decision about whether or not that is the career for you. It's also an opportunity to work with some great people and experience working as a part of a team, whilst contributing to the university.

At the end of the day, most of us at university are trying to find direction, and working towards building the solid foundation for our careers. The Internship program definitely does provide you with good guidance, experiences and opportunities and these contribute not only to self-growth but also are insightful when building your career.